

SG training specialists is a family run company that specialise in training employees and employers in areas of interest that cover the needs to keep up to date with current legislations and regulations.

Unlike most training providers, we adapt all our training courses to meet the need of the client. We also believe the most beneficial place to conduct training, is in your own workplace. This allows us to provide training throughout England & Scotland.

This way, not only can our experienced trainers get a better picture of how your company meets, or in some cases does not meet current legislation and regulations, but your employees can learn common work practices, in the actual place where they are going to be using their new found skills.

SG training specialists are dedicated to ensuring that your company and your employees receive all of the training they need in order to keep up to date with current legislation and regulations in regards to First Aid, Medical Gases, Defibrillation, Fire Awareness and Manual Handling.

We deliver the training in a professional and easy to understand manner, catering for all abilities and learning difficulties and offer extra help at no extra cost, to those having trouble understanding any course content.

What We Do Best

We provide your employees, and indeed your company, with up to date training from specialist trainers in order to allow your company to adhere to all current regulations and legislation as stated by the Health & Safety Executive (HSE). Our First Aid at Work course and the newly created Emergency First Aid at Work course are HSE approved and continually updated in order to provide an accurate training experience and certification. Our trainers are specialists within their chosen field and have over 50 combined years of experience, training personnel from all industries, with particular attention to military personnel.

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What Services We Provide



- **HSE - FIRST AID AT WORK** – 3 days
£180 per person or £2000 for 12
- **HSE - FIRST AID REQUALIFICATION** – 2 days
£95 per person or £1000 for 12
- **HSE - EMERGENCY FIRST AID AT WORK**– 1 day
£95 per person or £1000 for 12
- **EMERGENCY FIRST AID FOR SPORT** – 1 day
£95 per person or £1000 for 12
- **FIRE MARSHALL / WARDEN** – Approx 3 hours
£35 per person or £500 for 18
- **FIRE AWARENESS** – Approx 2 hours
£30 per person or £450 for 18
- **LIVE FIRE TRAINING** – Approx 1 hour 30 minutes
£30 per person or £350 for 18
- **DEFIBRILLATOR (AED) TRAINING** – 4 hours
£50 per person, maximum of 6
- **MEDICAL GASES TRAINING** – 3 hours
£50 per person, maximum of 6
- **MANUAL HANDLING** – 3 hours
£35 per person or £500 for 18



SGtraining
EXCELLENCE

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www.sg-training.org